



Third Annual ORANGE & BLACK ATTACK 5K

REGISTRATION & WAIVER & RELEASE FORM

RACE#

I know that running and volunteering to work in the race are potentially hazardous activities. I should not enter and run in the 5K or 1 mile fun run activity unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in the race including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/humidity, the conditions of the road and traffic on the course all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for participation, I for myself and anyone entitled to act on my behalf, waive and release the Crab Orchard School, Crab Orchard High School Cheerleaders, the River to River Runners club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in the races and I will abide by this guideline. I acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including severe stress, permanent disability or death, and severe social and economic losses which might result not only from their own actions, inactions or negligence but the actions, inactions or negligence of others, the rules of play, vehicle traffic on the course, or the condition of the premises or of any equipment used. Further, there may be other risks not known or reasonably foreseeable at this time.

I grant permission to all of the foregoing to use and photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

This entry is invalid unless signed by and entrant. If entrant is under 18 years of age, then entry must be signed by parent/guardian. The official race director reserves the right to reject any entry.

I/we have read the above waiver and release, understand that I/we give up substantial rights by signing it and sign it voluntarily.

PARTICIPANT'S SIGNATURE _____

PARENT/GUARDIAN SIGNATURE (IF MINOR) _____

PRINTED NAME _____

ADDRESS _____

PHONE _____

EMAIL _____

AGE _____ SEX M OR F

RACE: CIRCLE 5K RUN 5K WALK 1 MILE KID'S FUN RUN

SHIRT SIZE CHILD'S S M L **ADULT** S M L XL XXL XXXL

***T-shirt guaranteed to all that preregister only, postmarked before 9/1/14.**

**Mail to: Crab Orchard High School
Attn: Judy Parks
19189 Cory Bailey Street
Marion, IL 62959**

**Contact: Judy Parks at 618-694-7531
or judy@clark-trans.com**

Make Checks payable to: Crab Orchard High School