

Menus

School: Crab Orchard Elementary

Academic Year: 2018-19

Meal: All

Month: September 2018

September				
M	Tu	W	Th	F
3	4 Breakfast: Pancakes on a stick or cereal w/nutrigrain bar Lunch: Feistada Pizza, spicy pinto beans, corn applesauce	5 Breakfast: Biscuits w/ gravy or cereal w/yogurt Lunch: Spaghetti, salad, pears, garlic bread	6 Breakfast: Egg, sausage w/toast or cereal w/poptart Lunch: Chicken Sandwich, potato wedges, grapes	7 Breakfast: Donut or Muffin Lunch: Bosco Cheese sticks, marinara sauce, cucumbers w/dip, oranges
10 Breakfast: Breakfast pizza or cereal w/orange loaf Lunch: Corn dog, baked beans, tater tots, mixed fruit	11 Breakfast: Waffle w/sausage or cereal w/nutrigrain bar Lunch: Taco, lettuce & tomato, torilla chips w/salsa, apples	12 Breakfast: Cinnamon roll or cereal w/yogurt Lunch: Salisbury steak, mashed potatoes, corn, peaches, roll	13 Breakfast: Sausage biscuit or cereal w/poptart Lunch: Chicken Teriyaki w/rice, steamed brocolli, egg roll, pineapple	14 Breakfast: Donut or Muffin Lunch: Pizza, carrot sticks, oranges, teddy grahams
17 Breakfast: Breakfast pizza or cereal w/orange loaf Lunch: Cheeseburger, french fries, pears	18 Breakfast: French toast sticks w/sausage or cereal w/nutrigrain bar Lunch: Taco nachos, corn, mandarin oranges	19 Breakfast: Biscuits w/gravy or cereal w/cheese stick Lunch: BBQ Sandwich, baked beans, cole slaw, mixed fruit	20 Breakfast: Eggs, sausage w/toast or cereal w/poptart Lunch: Chicken nuggets, cooked carrots, mac & cheese, peaches	21 Breakfast: Donut or Muffin Lunch: Calzone, salad, strawberries
24 Breakfast: Breakfast pizza or cereal w/orange loaf Lunch: Hot Dog, potato rounds, apple	25 Breakfast: Pancakes on a stick or cereal w/nutrigrain bar Lunch: Burrito, spicy pinto beans, chips & cheese, mandarin oranges	26 Breakfast: Cinnamon roll or cereal w/bagel & cream cheese Lunch: Toasted cheese sandwich, peas, chips, applesauce	27 Breakfast: Sausage biscuit or cereal w/poptart Lunch: Chicken strips, mashed potatoes, green beans, peaches, roll	28 Breakfast: Donut or Muffin Lunch: Pizza, broccoli/cauliflower w/dip, grapes