

Menus

School: Crab Orchard High School

Academic Year: 2017-18

Meal: All

Month: November 2017

November				
M	Tu	W	Th	F
30 Breakfast: Breakfast Pizza or Cereal w/ toast, Juice, Milk Lunch: Cheeseburger, baked beans, French fries, Peaches, milk	31 Breakfast: Pancake on stick, syrup, Cereal w/ nutrigrain bar, juice, milk Lunch: Fiestada Pizza, Potato rounds, salsa, Apricots, milk	1 Breakfast: Cinnamon Roll or Poptart Juice, Milk Lunch: Chicken alfredo, steamed broccoli, breadstick, Pineapple, Milk	2 Breakfast: Oatmeal w/ Toast or Yogurt w/ cheese stick, Juice, Milk Lunch: Chicken strips, mashed potatoes, green beans, roll, oranges, milk	3 Breakfast: Donut or Muffin, Juice, Milk Lunch: Bosco cheese sticks, marinara sauce, salad, grapes, milk
6 Breakfast: Breakfast Pizza or Cereal w/ toast, Juice, Milk Lunch: Hot dogs, tater tots, baked beans, applesauce, milk	7 Breakfast: French toast sticks, sausage, or cereal with nutrigrain bar, juice and milk Lunch: Taco, corn, salsa, strawberries w/bananas, milk	8 Breakfast: Biscuit and gravy, or cereal with nutrigrain bar, juice and milk Lunch: Chili, Peanut butter sandwich, carrot sticks, applesauce, milk	9 Breakfast: Sausage biscuit, or cereal with nutrigrain bar, juice and milk Lunch: Chicken strips, mashed potatoes, green beans, roll, milk	10
13 Breakfast: Breakfast Pizza or Cereal w/ toast, Juice, Milk Lunch: Corn Dogs, tater tots, baked beans, applesauce, milk	14 Breakfast: Pancakes w/syrup, Cereal w/ nutrigrain bar, juice, milk Lunch: Burrito, tater rounds, salsa, oranges, milk	15 Breakfast: Cinnamon Roll or Poptart Juice, Milk Lunch: Ravioli, salad, pineapple, garlic bread, milk	16 Breakfast: Oatmeal w/ Toast or Yogurt w/ cheese stick, Juice, Milk Lunch: Chicken sandwich, chips, broccoli, apples, milk	17 Breakfast: Donut or Muffin, Juice, Milk Lunch: Pizza, carrot sticks, grapes, milk
20 Breakfast: Breakfast Pizza or Cereal w/ toast, Juice, Milk Lunch: Cheeseburger, fries, pears, milk	21 Breakfast: French toast sticks, sausage, or cereal with nutrigrain bar, juice and milk Lunch: Taco nachos, corn, pineapples, salsa, milk	22	23	24
27 Breakfast: Breakfast Pizza or Cereal w/ toast, Juice, Milk Lunch: Sloppy joes, fries, oranges, milk	28 Breakfast: Pancake on stick, syrup, Cereal w/ nutrigrain bar, juice, milk Lunch: Fiestado Pizza, corn, salsa, pineapples, milk	29 Breakfast: Biscuit and gravy, or cereal with nutrigrain bar, juice and milk Lunch: Turkey w/gravy, mashed potatoes, green beans, baked apples, roll, milk	30 Breakfast: Sausage biscuit, or cereal with nutrigrain bar, juice and milk Lunch: Chicken nuggets, mac & cheese, cooked carrots, peaches, milk	1