

Menus

School: Crab Orchard Elementary

Academic Year: 2018-19

Meal: All

Month: November 2018

November				
M	Tu	W	Th	F
29 Breakfast: Breakfast pizza or cereal with toast Lunch: Hot Dog Tater Tots Peaches	30 Breakfast: Pancakes w/sausage link or cereal w/muffin Lunch: Taco Soup Frito chips pineapple	31 Breakfast: Biscuits w/gravy or Cereal w/yogurt Lunch: Sub Sandwich carrot sticks w/dip orange applesauce cookie	1 Breakfast: Scrambled eggs, sausage, toast or cereal w/poptart Lunch: Chicken Strips mashed potatoes peas mixed fruit roll	2 Breakfast: Donut or Muffin Lunch: Pizza broccoli w/dip grapes
5 Breakfast: Breakfast Pizza or cereal w/nutrigrain bar Lunch: Cheeseburger French fries apple	6 Breakfast: Waffle w/sausage or cereal w/string cheese Lunch: Taco Spicy Pinto beans Mandarin Oranges	7 Breakfast: Cinnamon Roll or cereal w/poptart Lunch: BBQ Chicken Sandwich Potato Wedges Pineapple	8 Breakfast: Oatmeal w/toast or cereal w/orange loaf Lunch: Meatloaf mashed potatoes green beans roll baked apples	9
12	13 Breakfast: Pancakes w/sausage or cereal w/yogurt Lunch: Fiestada Pizza Corn Mandarin Oranges Cookie	14 Breakfast: Biscuits & Gravy or cereal w/poptart Lunch: Ravioli Steamed Vegetables Garlic Bread Pears	15 Breakfast: Sausage biscuit or cereal w/orange loaf Lunch: Chicken nuggets Cooked Carrots Mac & Cheese Peaches	16 Breakfast: Donut or Muffin Lunch: Ham & Cheese on Pretzel Bun Chips Broccoli w/dip grapes
19 Breakfast: Breakfast Pizza or cereal w/nutrigrain bar Lunch: Corn Dog tater tots oranges	20 Breakfast: Pancake on a stick or cereal w/string cheese Lunch: Pizza Quesadilla Corn Pineapple Cookie	21	22	23
26 Breakfast: Breakfast pizza or cereal w/nutrigrain bar Lunch: Hot Dog Potato Round Apple	27 Breakfast: French toast sticks w/sausage or cereal w/yogurt Lunch: Taco Nachos Corn Refried beans pears	28 Breakfast: Biscuits and gravy or cereal w/poptart Lunch: Chili celery sticks peanut butter sandwich applesauce	29 Breakfast: Eggs and bacon or cereal w/orange loaf Lunch: Chicken Teriyaki rice steamed vegetables pineapple	30 Breakfast: Donut or Muffin Lunch: Pizza Salad Peaches