

Menus

School: Crab Orchard Elementary

Academic Year: 2017-18

Meal: All

Month: January 2018

January				
M	Tu	W	Th	F
1	2	3 Breakfast: Cinnamon Roll or cereal with pop tart juice and milk Lunch: Ravioli, steamed veggies, peaches, garlic bread, milk	4 Breakfast: Oatmeal w/toast or cereal w/yogurt Lunch: Chicken strips, mashed potatoes, green beans, pears, biscuit, milk	5 Breakfast: Donut or muffin Lunch: Pizza, corn, mandarin oranges, milk
8 Breakfast: Breakfast pizza or cereal w/toast Lunch: Corndogs, waffle fries, baked beans, mixed fruit, milk	9 Breakfast: Pancake on a stice or cereal w/nutrigrain bar Lunch: Taco nachos, corn, salsa, pineapple, milk	10 Breakfast: Biscuits and gravy or cereal w/pop tarts Lunch: Salisbury steak, mashed potates, cooked carrots, roll, milk	11 Breakfast: Sausage biscuit or cereal w/yogurt Lunch: Chicken nuggets, potatoes wedges, applesauce, milk	12 Breakfast: Donut or muffin Lunch: Pizza, corn, apple slices, cookie, milk
15	16 Breakfast: French toast sticks, sausage link or cereal w/nutrigrain bar Lunch: Chicken Quesadilla, spicy pinto beans, chips w/cheese, mandarin oranges, milk	17 Breakfast: Cinnamon roll or cereal w/poptart Lunch: chili, celery sticks, peanut butter sandwich, applesauce, milk	18 Breakfast: Oatmeal w/toast or cereal w/yogurt Lunch: Chicken sandwich, carrot sticks, chips, peaches, milk	19 Breakfast: Donuts or muffin Lunch: Pizza, corn, apple slices, cookie, milk
22 Breakfast: Breakfast pizza or cereal w/toast Lunch: Cheeseburger, fries, oranges, milk	23 Breakfast: pancake on a stick or cereal w/nutrigrain bar Lunch: Tacos, corn, salsa, applesauce, milk	24 Breakfast: biscuits and gravy or cereal w/poptart Lunch: Chicken noodle soup, grilled cheese sandwich, carrot sticks, pineapple, milk	25 Breakfast: sausage biscuit or cereal w/yogurt Lunch: Chicken strips, mashed potates, green beans, roll, peaches, milk	26 Breakfast: donuts or muffin Lunch: Bosco cheese sticks, marinara sauce, salad, pears, milk
29 Breakfast: Breakfast pizza or cereal w/toast Lunch: Hot dogs, tater tots, mixed fruit, baked beans, milk	30 Breakfast: pancakes w/sausage or cereal w/nutrigrain bar Lunch: Taco nachos, corn, applesauce, milk	31 Breakfast: cinnamon roll or cereal w/poptart Lunch: Spaghetti, salad, garlic bread, peaches, milk	1 Breakfast: oatmeal w/toast or cereal w/yogurt Lunch: Chicken nuggets, mac & cheese, cooked carrots, pineapple, milk	2 Breakfast: Donuts or muffins Lunch: Pizza, broccoli, mandarin oranges, teddy grahams, milk