

Menus

School: Crab Orchard Elementary

Academic Year: 2018-19

Meal: All

Month: January 2019

January				
M	Tu	W	Th	F
31	1	2	3 Breakfast: Oatmeal w/toast or Cereal w/poptart Lunch: Chicken Nuggets, mac and cheese, carrots, peaches	4 Breakfast: Donut or muffin Lunch: Pizza, corn, applesauce
7 Breakfast: Breakfast pizza or cereal w/nutri-grain bar Lunch: Corn dog, potato wedges, pineapple	8 Breakfast: Pancake w/bacon or cereal w/cheese stick Lunch: Chicken quesadilla, spicy pinto beans, mandarin oranges, teddy grahams	9 Breakfast: Biscuit & Gravy or Cereal w/orange loaf Lunch: Ravioli, garlic bread, steamed vegetables, fruit salad	10 Breakfast: Egg, ham & cheese croissant or cereal w/poptart Lunch: Chicken strips, mashed potatoes, green beans, peaches, roll	11 Breakfast: Donut or muffin Lunch: Ham and cheese on pretzel bun, chips, carrot sticks w/dip, apple
14 Breakfast: Cheese, egg & bacon bosco stick or cereal w/nutri-grain bar Lunch: Cheeseburger, french fries, baked beans, pears	15 Breakfast: Pancake on a stick or cereal w/yogurt Lunch: Max-snax totally taco, chips & salsa, pineapple, ice cream	16 Breakfast: Cinnamon Roll or cereal w/orange loaf Lunch: Salisbury steak, corn, mashed potatoes, peaches	17 Breakfast: Oatmeal w/toast or Cereal w/poptart Lunch: Chicken noodle soup, toasted cheese sandwich, carrot sticks, applesauce	18 Breakfast: Donut or muffin Lunch: Pizza, salad, oranges
21	22 Breakfast: Waffle w/sausage or cereal w/cheese stick Lunch: Fiestada Pizza, spicy pinto beans, peaches, cookie	23 Breakfast: Biscuit & Gravy or Cereal w/orange loaf Lunch: Fish sticks, fries, cole slaw, mandarin oranges	24 Breakfast: Scrambled eggs and bacon or cereal w/poptart Lunch: Chicken sandwich, chips, broccoli w/dip, strawberries	25 Breakfast: Donut or muffin Lunch: Bosco cheese sticks, marinara sauce, carrot sticks w/dip, apple
28 Breakfast: Breakfast pizza or cereal w/nutri-grain bar Lunch: Hot dog, baked beans, chips, peaches	29 Breakfast: French toast sticks w/sausage or cereal w/yogurt Lunch: Taco nacho's, corn, grapes	30 Breakfast: Cinnamon Roll or cereal w/orange loaf Lunch: Chili, Peanut butter sandwich, celery sticks, applesauce	31 Breakfast: Oatmeal w/toast or Cereal w/poptart Lunch: Chicken teriyaki w/rice, steamed vegetables, pineapple	1 Breakfast: Donut or muffin Lunch: Pizza, carrot sticks w/dip, oranges