

# Menus

School: Crab Orchard High School

Meal: All

Month: February 2019

Academic Year: 2018-19

February				
M	Tu	W	Th	F
28 <b>Breakfast:</b> Breakfast pizza or cereal w/Cheese stick <b>Lunch:</b> Hot dog, baked beans, chips, peaches	29 <b>Breakfast:</b> French toast sticks w/sausage or cereal w/yogurt <b>Lunch:</b> Taco nacho's, corn, grapes	30	31 <b>Breakfast:</b> Oatmeal w/toast or Cereal w/poptart <b>Lunch:</b> Chicken teriyaki w/rice, steamed vegetables, pineapple	1 <b>Breakfast:</b> Donuts or muffins <b>Lunch:</b> Pizza, carrot sticks w/dip, oranges
4 <b>Breakfast:</b> Breakfast slider or cereal w/cheese stick <b>Lunch:</b> Sloppy joe, french fries, peaches	5 <b>Breakfast:</b> Pancake on stick or cereal w/yogurt <b>Lunch:</b> Taco soup, frito chips, celery w/dip, oranges	6 <b>Breakfast:</b> Biscuits w/gravy or cereal w/nutrigrain bar <b>Lunch:</b> Rib sandwich, broccoli & cheese, pineapple	7 <b>Breakfast:</b> Egg and cheese biscuit or cereal w/poptart <b>Lunch:</b> Chicken strips, roll, mashed potatoes, green beans, peaches	8 <b>Breakfast:</b> Donuts or muffins <b>Lunch:</b> Pizza, carrots w/dip, apples
11 <b>Breakfast:</b> Breakfast pizza or cereal w/cheese stick <b>Lunch:</b> Corn dog, baked beans, pineapple	12 <b>Breakfast:</b> Pancake w/sausage or cereal w/yogurt <b>Lunch:</b> Crispito, refried beans, salsa, mandarin oranges	13 <b>Breakfast:</b> Cinnamon Roll or cereal w/nutrigrain bar <b>Lunch:</b> Sub sandwich, carrots w/dip, apples	14 <b>Breakfast:</b> Waffles w/sausage link or cereal w/poptart <b>Lunch:</b> Pizza, corn, cookie, applesauce	15 <b>Breakfast:</b> Donuts or muffins <b>Lunch:</b> 1/2 day - no lunch served
18	19 <b>Breakfast:</b> French toast sticks w/sausage or cereal w/yogurt <b>Lunch:</b> Max Taco, chips, salsa, peaches	20 <b>Breakfast:</b> Biscuits w/gravy or cereal w/nutrigrain bar <b>Lunch:</b> Spaghetti, salad, applesauce, garlic bread	21 <b>Breakfast:</b> Sausage egg and cheese biscuit or cereal w/poptart <b>Lunch:</b> BBQ chicken sandwich, baked beans, chips, pineapple	22 <b>Breakfast:</b> Donuts or muffins <b>Lunch:</b> Calzone, marinara sauce, carrot sticks, oranges
25 <b>Breakfast:</b> Breakfast pizza or cereal w/cheese stick <b>Lunch:</b> Cheeseburger, fries, peaches	26 <b>Breakfast:</b> Scrambled egg, sausage link, toast or cereal w/yogurt <b>Lunch:</b> Taco nachos, corn salsa, mandarin oranges	27 <b>Breakfast:</b> Cinnamon Roll or cereal w/nutrigrain bar <b>Lunch:</b> Cheesy meatloaf, mac & cheese, peas, pears	28 <b>Breakfast:</b> Oatmeal w/toast or cereal w/poptart <b>Lunch:</b> Chicken alfredo, garlic bread, steamed broccoli, applesauce	1 <b>Breakfast:</b> Donuts or muffins <b>Lunch:</b> Bosco cheese stick, marinara sauce, carrot sticks w/dip, grapes