

CRAB ORCHARD COMMUNITY UNIT #3
LUNCH MENU
September 2010

August 30-September 3

Monday – Hot dog on bun, French fries, cherry applesauce, milk

Tuesday – Chicken tenders, mashed potatoes w/gravy, green beans, roll, milk

Wednesday – Spaghetti w/meat sauce, lettuce salad w/rf ranch dressing, diced peaches, garlic bread, milk

Thursday – Soft shell taco w/lettuce, tomato, cheese, corn, diced pears, milk

Friday – Bosco bread sticks w/pizza sauce, lettuce salad, orange smiles, milk

September 6-10

Monday - **No School – Labor Day**

Tuesday – Hamburger on bun, French fries, cherry applesauce, milk

Wednesday – Pepperoni pizza, lettuce salad w/rf ranch dressing, apple crisp, milk

Thursday – Turkey w/gravy, whipped potatoes, green beans, roll, milk

Friday – Mini corn dogs, baked beans, Strawberry and bananas, milk

September 13-17

Monday – Hot dog on bun, French fries, strawberry applesauce, milk

Tuesday – Chicken nuggets, whipped potatoes w/gravy, biscuit, peaches, milk

Wednesday – Roast turkey sandwich, green beans, cherry crisp, milk

Thursday – Beef and bean burritos, nachos & cheese, veggie sticks, apple wedges, milk

Friday – ½ day of School – **No Lunch Served**

September 20-24

Monday – Cheeseburger on bun, French fries, baked beans, applesauce, milk

Tuesday – Chicken & Noodles, whipped potatoes, green beans, cinnamon apples, bread, milk

Wednesday – Pepperoni pizza, lettuce salad, strawberry's and banana's, milk

Thursday – Soft shell taco, lettuce tomato cheese, salsa, corn, diced pears, milk

Friday – Bosco cheese stick w/sauce, lettuce salad, cherries, milk

September 27-October 1

Monday – Corn dog nuggets, baked beans, tater tots, pears, milk

Tuesday – Chicken & dumplings, whipped potatoes, green beans, cinnamon apples, bread, milk

Wednesday – Chili mac, tossed salad, garlic toast, peaches, milk

Thursday – Taco nachos, lettuce tomato cheese, salsa, corn, pineapple, milk

Friday – Turkey sandwich, chips, veggie sticks w/dip, orange smiles, milk

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